

# Aftercare for Waxing

**Please avoid the following for  
24 hours after your treatment:**

- hot baths/showers
- swimming
- sauna
- sun bed
- antiperspirant deodorant
- vaginal sprays
- make up
- avoid touching areas that have been treated as the follicles remain open
- perfumed body products

If tanning please allow 24-48 hours  
after your waxing treatment.

This information can also be found on our web site  
[www.nerolibeutysalon.co.uk](http://www.nerolibeutysalon.co.uk)

After 48 hours  
you should  
exfoliate and apply  
body lotion to help  
prevent in  
growing hairs

**NEROLI  
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Tel. 01786 821818  
[www.nerolibeutysalon.co.uk](http://www.nerolibeutysalon.co.uk)

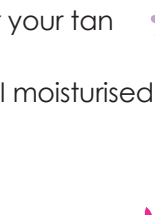
# Aftercare for Spray tan



## Before tan:

- ensure all hair removal is done 24 hours before tan
- exfoliate and moisturise any areas of dry skin the day of your appointment
- wear loose dark clothing for your tan

## After tan:

- shower your guideline off 12 hours after your tan has been done
  - apply body lotion to keep your skin well moisturised
  - pat yourself dry after bathing
  - exfoliate regularly from day 4 to help the even removal of your tan
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# Aftercare for Shrinking violet



Shrinking  
violet works very  
well alongside  
healthy  
eating/diets

- Leave oil on for 12 hours after treatment.
- Avoid alcohol for 1-2 days before and 2-3 days after your wrap.
- Eat small meals regularly before and after wrap. Do not skip meals as this will slow metabolism.
- Drink at least 1 litre of water after treatment and continue for 2-3 days.
- Avoid caffeine and fatty foods to see the best results.
- You can Remeasure on day 2 and 3 by leaving your tape on.

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