

## No real maintenance but to make the most of your nails...

- Use hand cream and cuticle oil daily to keep nails nourished.
- Wear gloves for house tasks (gardening, washing up etc).
- You can apply nail polish over gel but make sure your polish remover is acetone free.

## Pulling or picking off the gel can cause damage.

## PLEASE NOTE

Nail repairs after 48 hours of application will incur a service charge.

## Soak Off

- 1. Gently buff over nail to break the seal of the gel.
- 2. Fill a small bowl with **pure acetone** and allow nails to soak for 15 minutes.
- 3. Using an orange stick gently scrape off the wrinkled gel, however if some of the gel is still held to the nail simply put nails back into the acetone and soak for a further 5 10 minutes.
- 4. Continue to use hand cream and cuticle oil to keep hands and nails in good condition.

The majority of people will have no issues on removal of gel, however some people may find their nails slightly dehydrated and are advised to use a nail strengthener.



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**DON'T** FORGET nails are iewels

not tools!

